



“My kids will taste vegetables here that they won’t taste at home”

We know engaging kids is difficult and that picky eaters are hard to please. We also know that kids love to play games and accept challenges eagerly. VEGGIE CHAMPS uses games, activities and tastings to turn your kids into just that – Champions of fresh produce!

By participating in VEGGIE CHAMPS activities, kids can earn Veggie Bucks to spend at the market. Your child can learn about healthy eating and become empowered by making their own healthy choice and learn about shopping.

Each week during the market the VEGGIE CHAMPS tent will be open. Stop by and pick up your VEGGIE CHAMP Passport, participate in the weekly activity, taste the sample, and receive a stamp. Each participant who fills their passport (10 of 14 weeks) will receive a special prize in September.

Please remember that food sampling is part of the club, so please keep in mind any allergy concerns.